

ABC Pennant Draw & Contact List



SEASON 2018-19 BOARD OF MANAGEMENT

OFFICE BEARERS & CONTACT NUMBERS

Chairperson (President)	Mick Billing	0411 117 251
Secretary	Tan Houghton	0409 808 192
Finance Director (Treasurer)	Vicki Freeman	0400 686 969
Bowls Director	Dianne McKee	0412 303 327
Greens Director	Neil Bryce	0417 165 242
Functions & Bar Director	Peter Livingstone	0407 869 480
General Director	Rob Vido	0418 580 152
General Director	Mel De Sair	0400 400 031

Make the 2018-19 Pennant Season Great!

As an Alphington Pennant Player you can make the 2018-19 pennant season great for you, your team and the club. The club's Values are the foundation upon which we build our plans and actions.

These articles include how we respond to our goals. Information about selection, training and practice, performance coaching, performance rating, rink roles and team behaviours. Play your role in knowing these basics. We also have some admin to share. We have articles on rink duty, the pennant schedule, laws and rules for competition and a player contact list.

ABC has Real Values

Alphington Bowls Club aims to provide an excellent & accessible sporting and social experience for local residents & surrounding communities.

All ABC pennant players can lead the way with our Values.

We all **RESPECT** ourselves, team mates and opposition.

We show **TEAMWORK**, supporting each other to the best we can.

We strive for **EXCELLENCE** with success on and off the green.

We have **PRIDE** in our club & who we are.

We demonstrate **INCLUSIVENESS** with a welcoming environment for every person walking through our door.

We have **ENJOYMENT** with a positive and memorable experience for members and visitors.

All of us show **LEADERSHIP**, encouraging our players to grow & show the way

Everyone's a Winner at ABC!



Selection Guidelines/Criteria

ABC selectors make a commitment to all players.

Selectors will make *fair* decisions i.e. decisions made with facts, without bias or influence (and follow BV rules)

Decisions are decisions of the selector group as a whole. Communications to/from players about selection will be via the Chair of selectors.

Selection discussion is confidential - a confidence to be kept by selectors & players.

Players may appeal selection by contacting the chair of Selectors who will be active in collecting and assessing facts, so they remain well informed about selection issues.

Players have a commitment to do their best to meet these selection criteria:

- Reliable availability
- Players commit for the whole season; when unavailable for individual matches ample notice is to be provided (relative to circumstances); late withdrawals require a reasonable excuse.
- Harmony and compatibility within rinks and sides.
- Maintain supportive personal behaviour; be accountable for your own effort; avoid blame, anger and guilt; gossip is corrosive; accept feedback; remain positive, resolve conflict, seek improvements in self and others.
- Participation in training, meaningful/effective practice and competition
- Participate in Thursday training conducted by the Performance Coach, undertake weekly individual sessions of effective skills training, undertake effective competitive practice and regular participation in matches of all kinds
- Individual bowls form
- Each player applies, and ideally improves, their skills on the green, end by end, week by week
- Match day performance in roles selected.

- Each player's abilities and attitude are sustained throughout the match as required by the selected role and circumstances of the match.

Rink results: Losing is not failure though rinks results are important to Side outcomes; players and selectors should work together to improve results without the default being a change in the rink

The benefit of rink stability: teamwork gets better results and is more enjoyable; selectors put teams together, players make the team work; selectors will minimise disrupting a team.

<u>Bowls Selection Committee</u>	
Greg Hamilton (Chair)	0409 716 027
Bill Plummer	0400 307 475
Frank Caracella	0429 294 902
Neil Bryce	0417 165 242
Anne Crehan	0438 350 846

SEASON 2018-19 GREENS OPENING TIMES

MONDAY	CLOSED ALL DAY
TUESDAY	2:00pm Onwards EXCLUDING HOME PENNANT
WEDNESDAY	2:00 pm Onwards
THURSDAY	12:00 pm Onwards EXCLUDING AAA & School Programs
FRIDAY	2:00 pm Onwards
SATURDAY	10:00 am Onwards
SUNDAY	10:00 am Onwards EXCLUDING CLUB / SOCIAL EVENTS

Training and Practice Guidelines

Practice: To fulfill selection criteria, players should undertake on a weekly basis individual sessions of meaningful/effective skills practice

- Practice should have the goal to develop skills and/or overcome weaknesses
- Practise with intent, with goals for each session
- Ideally choose a drill that matches your need for improvement and the role you play in pennant (coaches can provide drills to suit your need)
- Seek 60% accuracy
- Practise in all kinds of weather and greens conditions, not just on the nice days
- Change lengths, hands, mat positions, jack position, type of shots, and jack rolling
- An hour or two a week is recommended

Meaningful/effective competitive practice

- In your selected role, compete ideally with/against someone from your own rink
- Compete seriously with intent and focus
- Singles or Pairs give a more intense practice, and less social distraction
- An hour or two a week is recommended
- Focus on practice, not socialising

Roles In Your Rink

The Role of the Lead

Places the mat at the discretion of the skip, then delivers the jack as close as possible, to a distance determined by the skip. Plays 1 draw shots close to the jack and 1 shot behind to lay a good foundation for the development of the head.

The Role of the Second

Play as a team with the Lead, aiming to have 2 bowls in the head with lead or to a position as requested by the Skip.

Target for Front End

2 bowls in the head in minimum of 15 of 21 ends.

The Role of the Third

Should be competent in playing all shots: Draw, Metre on, Wrestling Shot, On Shot and Drive. Must have a good knowledge of the rules.

The Role of the Skip

Build the head, manage risks, motivate rink, simple short calls and improve skills of the rink. Be positive when talking to your teammates.

Team Behaviours

“Know your role, accept your role, and play your role” - international coach, Lachlan Tighe

ABC bowlers individually will lead the way with our Values. When playing in rinks, we expect they will adopt team behaviours. Together we can achieve more than if we act as individuals.

As a member of an Alphington rink, we encourage our bowlers to:

- Motivate others to achieve the common goal, but be accountable for own actions/choices, be responsible for your own efforts.
- Know your role, accept your role and play your role.
- Maintain a team attitude - support each other, stand with each other, walk with each other, cheer each other.
- Give meaningful honest feedback at the right time. Receive feedback obligingly when rightly and discreetly given.

Saturday Duty Rink Requirements



Selectors will meet Tuesday evenings. Selections will be emailed out on Tuesday night. A printed copy of selections will be put in the notice case on Wednesdays.



All Saturday Pennant Players will have the opportunity to undertake rink duty at our nine home games.

For each home game, the Selectors will choose two teams, Inside Duty (2) and Outside duty (5). Each team will have a captain who will be the organiser of the others to ensure the duty is completed as required.

Duty is an important part of being on the overall Alphington team.

MIDWEEK AND SATURDAY PENNANT DRAWS

		MID WEEK PENNANT FIXTURE 2018-2019 TUESDAY DIVISION FOUR DRAW SECTION 3		 GOOD SPORTS	
ROUNDS	DATE	DIVISION FOUR Vs		VENUE	
1.	Sept 25	LALOR (2)		AWAY	
2.	Oct 02	BUNDOORA RSL (3)		ABC	
3.	Oct 19	KINGSBURY (3)		AWAY	
4.	Oct 16	GREENSBOROUGH (2)		ABC	
5.	Oct 23	EPPING RSL (1)		AWAY	
6.	Oct 30	YARRA VALLEY (1)		ABC	
7.	Nov 13	IVANHOE (3)		AWAY	
8.	Nov 27	ESSENDON (4)		ABC	
9.	Dec 04	WHITTLESEA (4)		AWAY	
10.	Dec 11	LALOR (2)		ABC	
11.	Dec 18	BUNDOORA RSL (3)		AWAY	
12.	Jan 15	KINGSBURY (3)		ABC	
13.	Jan 22	GREENSBOROUGH (2)		AWAY	
14.	Jan 29	EPPING RSL (1)		ABC	
15.	Feb 05	YARRA VALLEY (1)		AWAY	
16.	Feb 12	IVANHOE (3)		ABC	
17.	Feb 29	ESSENDON (4)		AWAY	
18.	Feb 26	WHITTLESEA (4)		ABC	
FINALS	Mar 05 & Mar 07 Mar 12 & 14				

		SATURDAY PENNANT FIXTURE 2018-2019 DIVISION ONE (6-A-SIDE) DRAW SECTION 2		 GOOD SPORTS	
ROUNDS	DATE	DIVISION ONE Vs		VENUE	
1.	Oct 06	EAST IVANHOE (2)		AWAY	
2.	Oct 13	HEIDELBERG GOLF (3)		ABC	
3.	Oct 20	COBURG / MORELAND (1)		AWAY	
4.	Oct 27	FLEMINGTON KENSINGTON (4)		ABC	
5.	Nov 03	MOONEE PONDS (5)		ABC	
6.	Nov 10	AUBURN (3)		AWAY	
7.	Nov 24	COBURG / MORELAND (2)		ABC	
8.	Dec 01	ROSANNA (5)		AWAY	
9.	Dec 08	PRINCES PARK CARLTON (3)		ABC	
10.	Dec 09	EAST IVANHOE (2)		ABC	
11.	Dec 15	HEIDELBERG GOLF (3)		AWAY	
12.	Jan 12	COBURG / MORELAND (1)		ABC	
13.	Jan 19	FLEMINGTON KENSINGTON (4)		AWAY	
14.	Feb 02	MOONEE PONDS (5)		AWAY	
15.	Feb 09	AUBURN (3)		ABC	
16.	Feb 16	COBURG / MORELAND (2)		AWAY	
17.	Feb 23	ROSANNA (5)		ABC	
18.	Mar 02	PRINCES PARK CARLTON (3)		AWAY	
FINALS	Mar 09 & Mar 10 Mar 16 & 17				

SATURDAY PENNANT DRAWS

ALPHINGTON bowls club		SATURDAY PENNANT FIXTURE 2018-2019 DIVISION THREE DRAW SECTION 4		GOOD SPORTS	
ROUNDS	DATE	DIVISION THREE Vs		VENUE	
1.	Oct 06	EAST IVANHOE (1)		AWAY	
2.	Oct 13	DONCASTER (2)		ABC	
3.	Oct 20	M.C.C. (4)		AWAY	
4.	Oct 27	CAMBERWELL CENTRAL (1)		ABC	
5.	Nov 03	HAWTHORN (1)		ABC	
6.	Nov 10	RICHMOND UNION (3)		AWAY	
7.	Nov 24	BLACKBURN NORTH (1)		ABC	
8.	Dec 01	BLACKBURN (3)		AWAY	
9.	Dec 08	MITCHAM (3)		ABC	
10.	Dec 09	EAST IVANHOE (1)		ABC	
11.	Dec 15	DONCASTER (2)		AWAY	
12.	Jan 12	M.C.C. (4)		ABC	
13.	Jan 19	CAMBERWELL CENTRAL (1)		AWAY	
14.	Feb 02	HAWTHORN (1)		AWAY	
15.	Feb 09	RICHMOND UNION (3)		ABC	
16.	Feb 16	BLACKBURN NORTH (1)		AWAY	
17.	Feb 23	BLACKBURN (3)		ABC	
18.	Mar 02	MITCHAM (3)		AWAY	
FINALS	Mar 09 & Mar 10 Mar 16 & 17				

ALPHINGTON bowls club		SATURDAY PENNANT FIXTURE 2018-2019 DIVISION FOUR DRAW SECTION 3		GOOD SPORTS	
ROUNDS	DATE	DIVISION FOUR Vs		VENUE	
1.	Oct 06	FAIRFIELD (1)		AWAY	
2.	Oct 13	KINGSBURY (2)		ABC	
3.	Oct 20	WHITTLESEA (3)		AWAY	
4.	Oct 27	MONTMORENCY (3)		ABC	
5.	Nov 03	CRAIGIEBURN (2)		ABC	
6.	Nov 10	CITY OF HEIDELBERG (1)		AWAY	
7.	Nov 24	BUNDOORA RSL (5)		ABC	
8.	Dec 01	GREENSBOROUGH (2)		AWAY	
9.	Dec 08	IVANHOE (3)		ABC	
10.	Dec 09	FAIRFIELD (1)		ABC	
11.	Dec 15	KINGSBURY (2)		AWAY	
12.	Jan 12	WHITTLESEA (3)		ABC	
13.	Jan 19	MONTMORENCY (3)		AWAY	
14.	Feb 02	CRAIGIEBURN (2)		AWAY	
15.	Feb 09	CITY OF HEIDELBERG (1)		ABC	
16.	Feb 16	BUNDOORA RSL (5)		AWAY	
17.	Feb 23	GREENSBOROUGH (2)		ABC	
18.	Mar 02	IVANHOE (3)		AWAY	
FINALS	Mar 09 & Mar 10 Mar 16 & 17				

BV LAWS AND RULES FOR COMPETITION

If you are a keen bowler, no matter what your role, you can be a better team player if you understand the rules of the game and the rules of the competition. Skips and side managers should have a good understanding of the rules. Don't just leave it to the umpires.

Bowlers can obtain a copy of the booklet "Laws of the Sport of Bowls" from the Bowls Australia e-store (go to Bowls Australia website) or you can purchase the laws as an app from the Apple store.

Saturday Pennant is managed by Bowls Victoria. Each year BV post on their website a current version of the "Rules for Competition".

We encourage a bit of reading and learning, to make great bowling on the green even more fun.

Other Important Sub Committees of Your ABC

Bowls Match Committee

Greg Hamilton 0409 716 027
Dianne McKee 0412 303 327
Mark Perry 0417 307 735

Bar Management Committee

Peter Livingstone 0407 869 480
Mark Perry 0417 307 735
Rob Vido 0418 880 152

Accredited Umpires

Neil Bryce 0417 165 242
David Carlin 0413 430 279

Works & Maintenance Committee

John Monument 0417 119 946
Frank Caracella 0429 294 902

Social Committee

Christine Bryce 0499 977 675
Tanya Files 0401 461 961
Mel De Sair 0400 400 031
Mike Umland 0418 925 518
Margaret Monument 0417 563 428
Colin Chipperfield 0438 002 158
Anne Crehan 0438 350 846

Members are always welcome and encouraged to help in all facets of the club.
Remember, this is **your** club!

Members Contact List

First	Surname	Phone
John	Allen	0419 378 187
Mike	Anderson	0400 062 614
Ari	Barresi	0413 175 714
Mick	Billing	0411 117 251
Neil	Bryce	0417 165 242
Christine	Bryce	0499 977 675
Frank	Caracella	0429 294 902
David	Carlin	0413 430 279
Anne	Crehan	0438 350 846
Mel	Desair	0400 400 031
Bruce	Doyle	0425 814 551
Arthur	Ebzery	9857 5202
Stuart	Ewin	0414 589 730
Ray	Filer	0412 525 147
Mark	Files	0432 384 530
Kale	Files	0401 283 811
Tom	Freeman	0428 379 378
Vicki	Freeman	0400 686 969
Bob	Goodridge	0417 545 017
Wayne	Goodridge	0419 534 916
Greg	Hamilton	0409 716 027
Judy	Hamilton	0418 998 834
John	Hand	0410 801 341
Catherine	Haynes	0407 881 503
Peter	Hession	0411 322 508
Tan	Houghton	0409 808 192
Margaret	Hutchinson	0412 227 095
Bill	Hutchinson	0419 482 469
Phyliss	Iliff	9850 2589
David	Jesaveluk	0413 940 019
Brian	Judd	0413 338 530

First	Surname	Phone
Steve	Kostov	0433 888 297
Peter	Livingstone	0407 869 480
Ian	McGarrigle	0423 776 579
Dianne	McKee	0438 313 398
Marie	McKee	0411 895 641
Glenn	McKenzie	0432 102 689
Boris	Micali	0410 124 671
Marino	Mihocic	0417 602 863
Joanne	Miles	0407 542 397
John	Monument	0417 119 946
Margaret	Monument	0417 563 428
Bill	Moody	0438 972 069
Michele	Musone	9499 7527
Alan	Parker	0475 576 683
Greg	Payne	0421 341 031
Mark	Perry	0417 307 735
Dean	Pezzotto	0418 341 901
Bill	Plummer	0400 307 475
David	Powell	0450 629 421
Mark	Roby	0408 860 013
Kim	Rockman	0418 313 391
Phil	Ryan	0438 313 398
Tess	Sheridan	9817 6365
Ron	Stone	0424 156 228
Phil	Stray	0413 343 917
Nathan	Swincer	0423 259 575
Lidia	Thorpe	9481 5777
Mike	Uwland	0418 925 518
Rob	Vido	0418 580 152
Mike	Walker	0409 419 096
Duncan	Wright	0415 583 911
Joe	Zurek	0412 346 245

